

TREATMENT FOR ADDICTION

- General

- Treatment for schizophrenia is 50 years ahead of treatment for addiction
- Substance addiction is accepted by more people as a brain disease
- Medical and psychological therapy is necessary for successful treatment
- Handle all aspects of addiction in treatment, eg. roles you fulfill, everything that is important to you, how much attention you give to others who are neglected, determine action plans, measure success
- Radical change is needed
- Detoxification is the first phase of recovery
- Use medications to help the body recover, eg. Lorazepam or Diazepam for alcohol withdrawal
- Heroin withdrawal is very unpleasant, but usually not life threatening
- Heroin by weight is more expensive than gold
- To stay sober and clean requires constant adjustment.

Antabuse:

Antabuse affects brain functions, with Antabuse alcohol is demolished, acetaldehyde cooks in the body because enzyme ADH is blocked, alcohol on Antabuse causes sickness and nausea, there are many ways to avoid swallowing Antabuse, it is of little value for the recovery process as the person uses it as a method to avoid alcohol and has not decided to quit drinking.

Acupuncture:

Traditional Chinese treatment, energy flows through life lines or meridians, blocked lines cause deviations, put needles in line to remove blockage, endorphins (body's painkillers) is activated.

Gambling:

Prozac, Zoloft and Luvox are anti-depressants which can help to overcome gambling addiction, aftercare and therapy ensure better results.

Compulsive shopping:

The best treatment is to strictly stick to a shopping list or to stay away from shops, Cipramil can help.