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THE LIQUOR DEVIL

What is alcohol addiction ?

You are addicted or dependent if you lost control of alcohol and any of the following symptoms are present :

You get problems at work by your drinking
You can not find work due to alcohol
Your home life is unhappy
You drink to get more confident
Liquor harm your good reputation
You feel guilty about your drinking
Liquor caused financial problems for you
You mix with lower class people when you are drunk
First you buy liquor before grocery shopping
You lose drive and vitality
You crave alcohol at certain times of the day
- You drink a regmaker morning , eg . beer
Your sleep pattern changes
You drink to relax or to flee from stress
You drink alone
You can not remember everything that happened during drinking session
You need medical assistance due to alcohol
You need alcohol to a difficult task
You can not drink just one drink
You show withdrawal symptoms such as nausea , tremor , anxiety , sweating , etc .
You need more liquor coming " at the station "
You well remember beverage
You break promises to drink less
You get angry when people say you drink too much
Your neglect hygiene and dress
You eat little or nothing if you drink
You hide alcohol
You drink rogue
You do not attend functions if there is no alcohol available
You drink the first drink quickly
You neglect religion
Your eyes and face is red because sometimes drink
You deny that you have a drinking problem and refuses to talk about
Are you looking for excuses to drink
You force others to drink
You change the type of beverage in the hope that you drink less
You separate you from other people
You make sure you have enough booze in stock
You tell lies about your drinking
You often smell of alcohol

Is alcohol addiction a disease ?

Yes , the alcohol changes your brain cells and you are allergic to alcohol , know that to mean that you can not socially drink . It is a chronic disease that you will have for life . Funds to pay for medical treatment because it is a DSM disorder .

Is addiction hereditary ?

Genetically addiction is probably not hereditary , but your chances of becoming addicted is 40 % to 60 % higher if you grow up in a family environment where alcohol abuse and your role models alcohol abuse .

Can cure addiction ?

No , medically speaking , addiction be cured, but many more addicted overcome their addiction with the help of Jesus Christ and the CAD and now leads a happy life by not using alcohol .

Treatment for addiction successfully ?

Yes , definitely , but addicts need to make certain changes in their lifestyle and practice to successfully rehabilitate . They must accept that alcohol is forbidden for them and do new , exciting things to do to fill the place previously ingested alcohol . They should be openly and proudly about their victory but must always be humble . Aftercare Groups such as CAD is need - ing to learn new skills and make new friends who understand what you are going through . Family members and friends should also attend such groups to learn how to better understand and support .

Family members learn to CAD ?

How can I stop feeling guilty and blaming myself for his addiction ?

Should I throw out his drink ?

How can I motivate him to quit drinking ?

How do I handle his moods and dishonesty ?

What is " Tough love " and how do I apply ?

How do I deal with him when he was drunk ?

How do I confront him ?

May I have a drink yourself ?

Should I divorce or leave him ?

Should I hide the car keys as he drinks ?

The cause or do I deal with a crisis ?

How can I stop him trying to protect ?

Where do I get help ?

How can I get normal life while drinking ?

How can I help our children to live a normal life ?

What do I do if he is acting irresponsibly ?
How can we celebrate birthdays and the Great Days ?
Do his colleagues , friends , pastor , priest and doctor informed of addiction?
May be there is still alcohol in the house ?

Only addicts have problems with alcohol ?
No, you do not have to be addicted to alcohol to abuse . Alcohol abuse can lead to serious problems at work, drunk driving accidents , medical problems and strained relationships .

I 'm addicted as I enjoy a drink every night ?
No, not if you stick to one drink and maintain control . Test yourself , however , to see if you can bypass some evenings . Addiction can strike quickly without a that you planned . a disease can hit anyone .

Are there different types alkoholverslaafdes ?
Yes , naweekverslaafdes drink drunk every weekend , periodic addicts occasionally a drinkepisode of a few days or weeks , functional far - slaafdes continues like nothing is wrong but they are often drunk , some addicts are drunk every day .

What is a social drinker ?
Someone who retain control over alcohol without any adverse effects .

Addicts stop drinking without treatment ?
Yes , it is a decision that should take the addict self and it is possible . However , it is much easier if you join a support group such as CAD . Many addicts need professional help to stop drinking because alcohol changed their personalities ..

There are addicts who can not stop drinking ?
Yes, if the brain damage is severe such addicts admitted to a psychiatric institution .

Certain groups are more prone to addiction ?
Yes , if alcohol abuse is part of the group or community 's way of life is the chance of addiction is much higher .

What is denial ?
This is when there are clear signs of addiction and the addict is still denied that he had lost control . This is the biggest obstacle to recovery .

Is it my fault that someone become addicted ?
No, drinking is a choice and you force anyone to drink . Addicted codes are excellent manipulators and easily get it right to address the blame on others or circumstances .

What are defense mechanisms ?
Addicts usually use the following defenses :
Disclaimer : I do not drink so much
Apologies : I should always four or forget something
Rationalization : I have many other problems that made me drink
Projection : It is other people 's fault that I drink
Reduction : I do not drink too much
Threats : If you do not stop complaining , I will hurt you
Closure : I refuse to talk further about this
Displacement : Focus instead on all my other problems
Justification : Jesus made wine , so wine is not a problem

Can I force him to stop drinking ?
No , he must decide . But you can do much to help him to the decision, as kommittering by the court, job loss , divorce , relocation , sell house, no food for no work, he must sleep outside , talking with CAD -member, professional help, attending support groups , lay charges if he steals or a nuisance , exclude him from family activities , sleeping in another room , denied all contact with loved ones , solitary confinement , imprisonment , pray for him , etc. . He must face the consequences of his addiction , not you.

Which ingrypingsmetode best ?
A team is very effective intervention . The team may consist of children , spouse , family , employer , doctor , counselor , CAD members , minister , etc. . CAD has articles and exercises regarding intervention .

What do I do if my child is experimenting with alcohol ?
Parents should set a good example by drinking . Give your child the correct information about alcohol from a young age . Do not preach or threatening . Build your child's confidence by praising good behavior . Teach your child to distinguish between good and bad friends . Determine the house rules and punishments when rules are broken . Be just and the same punishment . Explain the illness of a parent's addiction and that it is not the child 's fault . Spending quality time and do exciting things with your child . Let your child the consequences of wrong decisions he takes . Get professional help or attend CAD groups or Naranon if your child shows signs of addiction .

What does a child as his parents ' alcohol abuse ?
Contact organizations such as CAD , CAB , AA , Alateen , Badisa , ACVV Childline or talk to an adult who you can trust . You can also tell your parents how much you love him and how hurt you if he drinks too much .

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